Modern Attachment Theory

Implications of the Integration of Affect Regulation, Neuroscience, and Developmental Psychoanalysis for Clinicians

Faculty:
Allan N. Schore, Ph.D.
Judith Schore, Ph.D

April 13, 2010 9:00AM-4:30 PM
Kimmel Center for Student Life
60 Washington Square South
New York, NY 10003
EDUCATIONAL OBJECTIVES:

- How the current paradigm shift is emphasizing the primacy of affect and the centrality of unconscious processes in development, psychopathogenesis, and psychotherapy.
- How psychoanalytic models are being transformed by updated developmental and neuropsychoanalytic studies of the right brain, the biological substrate of the human unconscious.
- How right brain-to-right brain communication described by regulation theory offers a model of clinical expertise for receiving, processing, and regulating the patient's bodily-based affective states.
- How to apply this theory to working with children, adolescents, and adults.

WHO SHOULD ATTEND:

Social Workers
Psychologists
Mental Health Professionals From Other Disciplines
Faculty
MSW, PhD Students

THE PROGRAM FACULTY:

Dr. Allan Schore is on the clinical faculty of the UCLA David Geffen School of Medicine, Editor of the acclaimed Norton Series on Interpersonal Neurobiology, and a reviewer or on the editorial staff of 35 journals. He is the recipient of the American Psychological Association's Division of Psychoanalysis Scientific Award in Recognition of Outstanding Contributions to Research, Theory and Practice of Neuroscience and Psychoanalysis.

Dr. Judith Schore is the Associate Dean of the Sanville Institute for Clinical Social Work and Psychotherapy and a Core Faculty member. She is also the Associate Director of Clinical Training and Curriculum Development at the Reiss-Davis Child Study Center, a Division of Vista Del Mar in Los Angeles. Dr. Schore has had a private practice in psychotherapy for 38 years. Dr. Schore serves on the editorial board of the Clinical Social Work Journal.

Planning Committee: SSSW Professors, Theresa Aiello, Jeanne Anastas, Carol Tosone; Eileen Wolkstein, Director, DLLPD.

AGENDA

Morning Program

ALLAN N. SCHORE, Ph.D.

THE PARADIGM SHIFT: FROM CONSCIOUS COGNITION TO UNCONSCIOUS AFFECT

Based on his most recent research and writings, Dr. Allan Schore will discuss the current paradigm shift is occurring across a wide array of disciplines, and is emphasizing the primacy of affect and the centrality of unconscious processes in development, psychopathogenesis, and psychotherapy. In line with this “emotional revolution,” Regulation Theory attempts a deeper understanding of the critical interpersonal neurobiological change mechanisms located in the right brain, the biological substrate of the human unconscious.

JUDITH SCHORE, Ph.D.

LOOKING AT PSYCHODYNAMIC THEORY THROUGH A NEUROBIOLOGICAL LENS:
REINTERPRETING CLASSIC THEORIES AND CASES IN TERMS OF AFFECT REGULATION

Dr. Judith Schore will apply the information learned from neurobiology and the development of the right brain to theoretical principles set forth in traditional psychoanalytic theories in order to evaluate their relevance and to update these concepts. Attention will be paid to the essential functions of the autonomic nervous system, bodily-based unconscious functioning, and affect regulation rather than cognitive awareness. Selected published case vignettes will be used to illustrate these changes.

Afternoon Program

WORKING IN THE RIGHT BRAIN: A REGULATION MODEL OF CLINICAL EXPERTISE FOR TREATMENT OF ATTACHMENT TRAUMA

Dr. Allan Schore will discuss the application of Regulation Theory to the clinical context, a model of therapeutic skills necessary for optimal processing and regulating the patient's bodily-based arousal and affective states will be presented, especially in cases of early relational trauma. Focusing upon relational factors that operate at implicit levels of the therapeutic alliance, beneath the exchanges of language and explicit cognitions, this perspective indicates that the therapist's right (and not left) brain generates the essential components of this clinical expertise.

CASE PRESENTATIONS AND CONSULTATIONS

Two case presentations have been selected in which to apply the model and involve the participants in a discussion of the application to practice through a lively question and answer session following the featured presentations.